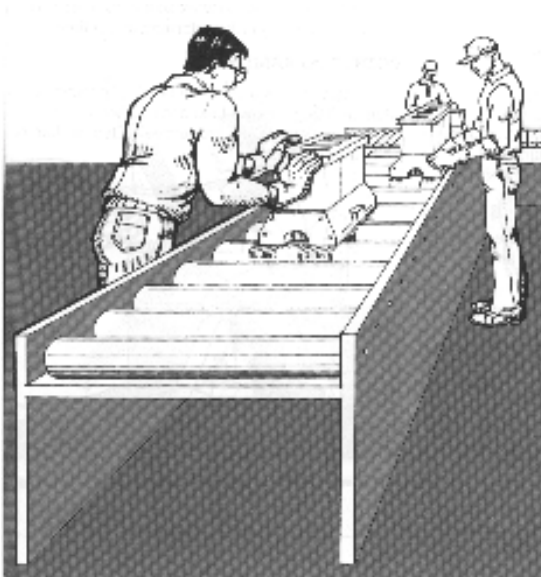


Reduce unnecessary lifting of the same object

Reduces frequent lifting



Slide objects, using a conveyor



Use a mobile work fixture

Other benefits:

- Reduces wasted movements – increasing productivity
- Pushing, pulling, and sliding reduces or eliminates the need for heavy lifting
- Less overall fatigue at the end of the day